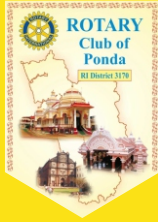
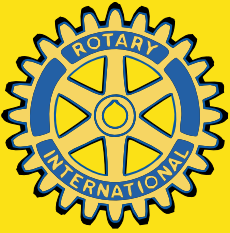


Farmagudi



The Bulletin of
ROTARY CLUB OF PONDA



Club No. 15674

Chartered on : 27th April 1978

R.I. District : 3170

Volume : 47 | SEPTEMBER 2024



Rtn. Paul Harris
Founder



Rtn. Stephanie A. Urchick
RI President 2024-25



Rtn. Sharad Pai
District Governor

SEPTEMBER IS

BASIC EDUCATION AND LITERACY MONTH

The National Rotarians World

"To read is to empower, to empower is to write, to write is to influence, to influence is to change, to change is to live."
Jane Evershed

Rotary

TAKE ACTION: Get Involved, Be a People of Action



Janmashtami Celebration



Rtn. Suchitra Bhat
President

Rtn. Venkatesh Nayak
Secretary

Rtn. Priya Naik
Treasurer

Rtn. Abhijeet Kelekar
Bulletin Editor

Editorial



Success in life is 85% attitude and 15% aptitude. The result determines the altitude.

As the President of a vibrant club like ours, every new President always likes to raise the standards of performance of the club. That requires a skill, to develop

the habit of continuing with the activities that are being carried year after year. This year also we are on that right track developed over the years and in my opinion President Rtn. Suchitra has successfully maintained the track laid down by all the Past Presidents.

Our regular activities like Independence Day Celebration and many other projects were successfully conducted. One of our trademarks at Rotary club of Ponda is celebration of all the festivals with families. These celebrations are always highly attended by all the members with families. This year festival of "Janmashtami" was celebrated with enthusiasm. The way, in which our new Rotarians are being involved in these celebrations, and the fellowship enjoyed by all, I am sure it is not at all difficult to retain the new members and as well as to add a few more to Rotary fold.

We all have enjoyed in last two months, the spirit of togetherness in the Family of Rotary. This is going to be continued for months to come.

In the month of September, the Rotary Club of Ponda joins the global Rotary family in celebrating Basic Education and Literacy Month. This dedicated focus underscores our commitment to fostering education and literacy, vital pillars that uplift individuals and empower communities. This month, we turn our attention to the transformative power of education and the steps we are taking to enhance learning opportunities for all. One of the key initiatives this month is our Literacy Drive, aimed at bridging the educational gap for underprivileged children in Ponda. We will be distributing books and setting up reading corners in schools, creating nurturing environments that inspire a love for reading and learning. The journey towards universal education and literacy is a long one, but each step we take brings us closer to our goal. As Rotarians, our commitment to service above self-drives us to make a difference, one initiative at a time. This month, let us renew our dedication to education and literacy, and work together to create a brighter, more educated future for all.

I am working continuously for making every issue of FARMAGUDI an interesting one. This is not possible without the support of other Rotarians. I request all the Family of Rotary to contribute to the FARMAGUDI.

As I sign off, I wish all the Rotary Families a very Happy Ganesh Chaturthi. I pray to God for your prosperous life. May you find all the delights of life, may your all dreams come true.

Yours in Rotary
Rtn. ABHIJEET KELEKAR
Editor (2024-25)



President Speaks

Dear fellow Rotarians,

As we turn the page on another month, I'm filled with pride and gratitude for the collective projects and activities done by our club. Secretary's report will give you the glimpse of activities carried out in the month of August.

We donated a laptop to a needy speech impaired girl student. A target specific eye checkup camp for Motor Cycle pilots and auto Rickshaw drivers was organized on 18th August 2024. Rtn. Dr. Rajesh Bhat examined the patients. Club donated some items and utensils to Panchsheel Ashram Bori.

Our Rotarians Rtn. Dr. Raju , Rtn. Ranjit and Rtn. Venkatesh participated in All Goa Rotary Inter Club Quiz Competition and bagged the first prize. Congratulations!!!

Festivals like Rakshabandhan, Gokulashtami, and a special program on Shravan month 'Shravan sari' were celebrated with full enthusiasm with the active participation from the members. These activities help to strengthen the bonds amongst the Rotary family members.

As we look ahead, we have new opportunities to make a difference, from supporting vocational training to participating in the global fight against polio. I encourage all members to stay engaged, contribute ideas, and take active roles in the upcoming projects. Rotary's strength lies in its diversity of skills and commitment to "Service Above Self." Thank you for your dedication and for continuing to be a source of inspiration.

Your's in Rotary Service,

Rtn. Suchitra Bhat
(President 24-25)

THE MAGIC OF ROTARY Rotary Club of Ponda



Editor
Rtn. Abhijeet Kelekar

Published By
Rotary Club of Ponda
Royal House,
Tisk, Ponda - Goa 403 401

Printer
Smart Printings, Ponda Goa
9423271633

Designer
Saily G. Naik

We meet every Friday at 7.30 pm
at Rotary Hall, 2F, Royal Chambers,
Ponda - Goa
E-mail: bhatsuchitraa@gmail.com
rcponda@gmail.com



The 4-Way Test Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL**
and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all
concerned?



"Rotary, being invisible, spiritual, is intelligible to the higher order of things. Diamonds cannot comprehend Rotary, but friendship, sympathy, integrity, devotion, idealism can."

- Paul P Harris' message to the RI Convention at Salt Lake City, 1919

Board of Directors for 2024 - 2025

President	- Rtn. Suchitra Bhat
Vice-President	- Rtn. Abhijeet Kelekar
President-Elect	- Rtn. Dr. Anita Tilve
Immediate Past President	- Rtn. Nasir Ali Wahid
Secretary	- Rtn. Venkatesh Nayak
Treasurer	- Rtn. Priya Naik
Sergeant-at-Arms	- Rtn. Sanjana Desai
Club Service Director	- Rtn. Ranjit Sadekar
Community Service Director	- Rtn. Mohan Aggarwal
Vocational Service Director	- Rtn. Mukul Lal
International Service Director	- Rtn. Dr. Subramanya Bhat
Youth Service Director	- Rtn. Vasudev Sawant
Joint-Secretary	- Rtn. Ashwin Kunkolienkar

Objectives of Rotary

The Objective of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST : The development of acquaintance as an opportunity for service;

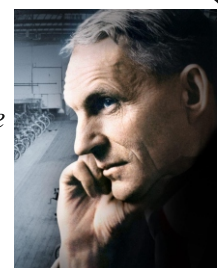
SECOND : High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD : The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH : The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

"Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young."

Henry Ford



Activities Report - August 2024

Donation of a laptop to a needy, hearing impaired girl student 02/08/24



Laptop was donated to a hearing impaired girl.

Sponsorship for rice for 40 girl inmates



Rs. 40,000/- was donated by Rtn. Mukul Lal towards supply of Rice to Seva Sankalp inmates at Canacona.

Meeting with DG



Club Assembly : 9/8/24



Club Assembly was held in presence of AG Rtn. Dr. Pradnya Kakodkar.

A talk on MHM among adolescent girls at Divar on 13/08/2024



Breast feeding week



Breast feeding week was celebrated at Anganwadi, Mestawada, Curti.

Independence Day Celebration



RC Ponda celebrated Independence day at Smt. Anandibai Mahanandu Naik high school, Karanjal. President Rtn. Suchitra Bhat hoisted the flag. School had organized different cultural programs like songs, skits, Fashion show etc. President Rtn. Suchitra Bhat, Rtn. Dr. Anita Tilve and Sauntha Chairman Rtn. Sham Naik spoke on the occasion. Refreshment was sponsored by RC Ponda. 11 Rotarians attended the function.

Weekly Meeting on 16/08/2024



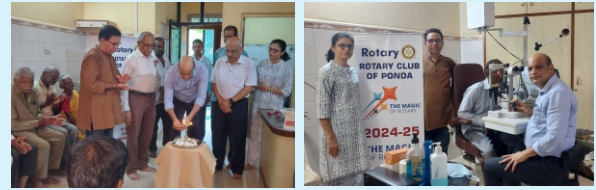
7th RWM of RC Ponda was held on 16th August 2024. President Rtn. Suchitra welcomed the members present and mentioned about the activities carried out by the club in the previous week. Speaker for this meeting was Mr. Abhinav Apte, a certified energy auditor and waste management consultant. He discussed about various steps to reduce energy consumption at home and offices. He also mentioned the various renewable energy sources that can reduce our reliance on fossil fuels and ensure a sustainable energy future. Earlier Rtn. Venkatesh Nayak introduced the guest speaker.

All Goa Rotary Inter Club Quiz Competition



On 17/08/2024 RC Ponda participated in " All Goa Rotary Inter Club Quiz competition" organized by RC Mapusa. The theme of the Quiz was "Bharat -Ek-Pehchan". RC ponda bagged the first place in the competition with a cheque of Rs.10,000/-, trophy, certificates and Quiz books. Rtn. Rajiv Usgaocar, Rtn. Venkatesh Nayak and Rtn. Ranjit Sadekar participated in the competition. Dr. Rataboli was the Quiz master.

Eye Check Up Camp



A free eye check up camp for Auto rickshaw drivers and motorcycle pilots was held at Dr. Rajesh Bhat eye clinic on 18/08/2024. Rtn. Dr. Vilas Naik and Rtn. Dr. Rajiv Usgaocar inaugurated the function. Rtn. Suchitra Bhat welcomed the beneficiaries. Tea and snacks were served. More than 40 people were benefitted by this project. Free spectacles will be given to deserving persons. Rtn. Venkayesh Nayak proposed vote of thanks.

Rakshabandhan Celebration



On 19/08/2024 Rakshabandhan celebration was performed at Ponda Police Station by Rotary club of Ponda. Initially, ritual worship with lights (ovalani) of Police personnels was done by the ladies. Then they tied the Rakhis on their wrists and distributed sweets. Along with Annes and the members of Innerwheel Club, Rtn. Ranjit Sadekar and Rtn. Nasir Ali Wahid were present on the occasion.

Donation of Utensils



Rotary Club of Ponda donated kitchen items along with cloths, bedsheets etc to Panchsheel School, Borim run by Kalyan Ashram on 27/08/2024. Around 90 students and 15 staff of the school benefitted by this project. Special thanks to Rtn. Sanjana Desai and Smt. Geeta Prabhu Dessai, Khadpaband for helping this project. Mr. Yogesh Kulkarni, manager of the school, thanked RC Ponda for help and support.

Weekly Meeting

9th RWM on 30/08/2024 of the club was held on 30/08/2024. President Rtn. Suchitra Bhat welcomed the members and briefed about the different activities carried out in the last week and also discussed about upcoming events. Birthday cake was cut by the Rotarians whose birthdays were in the month of August. A cultural program " SHRAAVAN SARI" was presented by the members. A light refreshment was served which was sponsored by Rtn. Mahendra Khandeparkar.



Shri Krishna Janmashtami Celebration

8th RWM of RC Ponda was held on 23rd August 2024. Shri Krishna Janmashtami was celebrated with great fervor and devotion. Janmashtami program was celebrated soon after the meeting. A decorated cradle for Bal Krishna prepared by Rtn. Sanjana Desai was the highlight of the function. The ladies sung devotional songs and bhajans. There was Antakshari and Quiz competitions organized by Rtn. Priya Naik and Rtn. Sanjana Desai. Some spot prizes were given. Dahi Handi was broken by Little Krishnas. Program ended with the Prasad (Dinner). This program was hosted by Anne Meenu and Rtn. Mohan Aggrawal. Prizes were sponsored by Inner wheel Club of Ponda.



Hemoglobin Checkup Camp



To identify the girls with low hemoglobin level and raise awareness about anemia and its prevention, a free hemoglobin test camp for the girl students of Gomantak Ayurved Mahavidhyalaya, Shiroda was conducted by IWC of Ponda in association with RC Ponda. After the blood sample collection, Dr. Smita Usgaocar, delivered a talk "Anemia prevention and management, balance diet and nutrition". Total 140 students were benefited by this project. IWC president Rtn. Shobha Kelekar, RC Ponda Pres. Rtn. Suchitra Bhat, Secretary Rtn. Venkatesh Nayak, Anne Bharati Sawant and Mrs. Seema Nagarsekar were present on the occasion.

2nd BOD 7/08/2024



Congratulations



President & members of RC Ponda Congratulates Annette Nandita Rangaraju for securing first place in U-19 Girls Taekwondo Tournament.

**"Everything happens for a reason -
Everything happens for good"**

The idea that "everything happens for a reason" and "everything happens for good" is often used to find meaning and positivity in life's events, even when they are challenging.

The Story of the King and His Toe

Once upon a time, in ancient times, there was a king who loved to go for hunting. He had a loyal and wise Vaidya (Doctor) who was known for his optimistic outlook on life. The Vaidya had a habit of saying, "Everything happens with a reason, everything happens for the Good," no matter what the situation.

One day, the king and his group went deep into the forest for a hunt. During the hunt, the king had a snake bite in his toe. The bite was severe and required immediate attention. The king was in great pain and very upset about the snake bite. When his Vaidya saw this, he immediately decided that the toe should be cut and he cut off the king's toe to save his life. King was very upset with the Vaidya. But the Vaidya said, as usual, "Everything happens for the best, Your Majesty." This time, the king was not pleased with the minister's words.

They returned from the forest to the palace. King was angry and frustrated; he blamed his god for losing his toe. He shouted at Vaidya, "How can you say this is for the best? I am in terrible pain!" In his anger, the king ordered the Vaidya to be thrown into the prison for his insensitivity.

Despite his predicament, the Vaidya remained calm and continued to believe that everything happens for a reason. He accepted his imprisonment without any complaint.

A few weeks later, the king decided to go hunting again, this time without his Vaidya. As he ventured deeper into the forest, his horse suddenly sped up and the king got lost in the forest alone, away from his group. He was captured by tribals from the forest and was taken to their community area. The tribals were performing a pooja of their Goddess and they practiced human sacrifice to impress their Goddess. They were happy that they got a King for the sacrifice. They tied the king with ropes and prepared him for the ritual. Just before the sacrifice, the tribal priest examined the king and noticed his one toe is missing. According to their customs, they could only offer a perfect specimen to their deity.

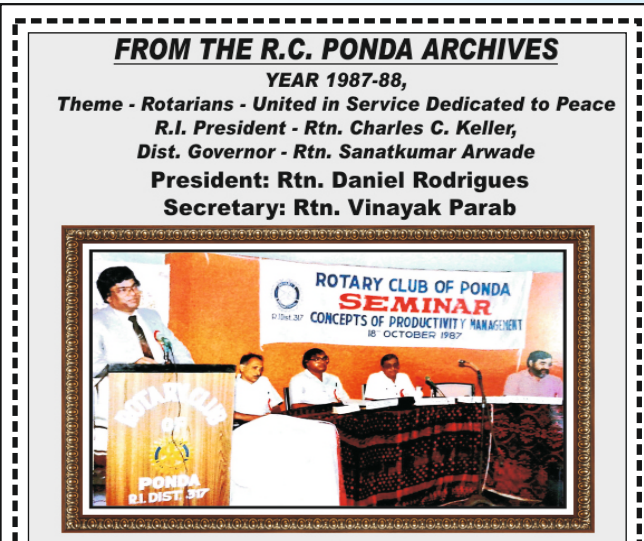
Since the king had no toe and thus imperfect, they released him. Relieved and grateful for his life, the king thanked his god for cutting off his toe. He realized the wisdom in his Vaidya's words. His lost toe had indeed saved his life. He immediately returned to the palace and ordered the release of the Vaidya. The king personally apologized and recounted his ordeal to the Vaidya.

The king said, "You were right, my loyal friend. My lost toe saved my life. I apologize for imprisoning you." The minister smiled and replied, "Everything happens for the best, Your Majesty. If I had not been in the prison, I would have been with you, and the tribals would have sacrificed me instead."

Lesson: This story illustrates that events, whether they appear good or bad at the moment, often have a hidden purpose that contributes to a greater good. The king's losing of toe, which initially seemed like a misfortune, ultimately saved his life. Similarly, the Vaidya's imprisonment protected him from a fatal life sacrifice.

Life can never be easy unless we draw closer to the understanding that everything happens with a reason and that too for a reason. The reasons remain unknown for a major part of our living. It remains at nature's will. It can be termed as nature's functioning or playfulness too. However, a time comes when we realize that whatever nature does have a deep purpose in our journey. We often remain in doldrums till that time comes. But time is time. Sometimes it takes very little time and sometimes we wait for a very long time.

"Remember that everything that is happening around you, good or bad, is in some way conspiring to help you. 'Everything happens for a reason, live it, love it and learn from it.'



Rotarians attending 100% meetings in August 2024

- | | |
|--------------------------|--------------------------|
| 1. Rtn. Abhijeet Kelekar | 8. Rtn. Suchitra Bhat |
| 2. Rtn. Uday Tilve | 9. Rtn. Dr. Rajesh Bhat |
| 3. Rtn. Laxmikant Naik | 10. Rtn. Venkatesh Nayak |
| 4. Rtn. Rajeev Usgaocar | 11. Rtn. Lina Sadekar |
| 5. Rtn. Priya Naik | 12. Rtn. Sanjana Desai |
| 6. Rtn. Ranjit Sadekar | 13. Rtn. Vasudev Sawant |
| 7. Rtn. Nasir Ali Wahid | 14. Rtn. Shobha Kelekar |



Congratulations..!



Fellowship Greetings for the Month of September

Birthday

- 1st September : Annette Gustav Daniel Rodrigues
2nd September : Rtn. Deepak Gaonkar
3rd September : Anne Neelam Ashok Nagvenkar
4th September : Annette Anvit Abhijeet Kelekar
7th September : Annette Bhavna Mohan Aggarwal
11th September : Anne Meghana Narendra Savaikar
16th September : Anne Kiran Shripad Talauliker
16th September : Anne Samira Nasir Ali
17th September : Annette Mugdha Makrand Deshpande
19th September : Annette Gaurangi Vithal Miringkar
19th September : Rtn. Vasudev Sawant
19th September : Annette Vishvesh Vasudev Sawant
19th September : Annette Vaishnavi Vasudev Sawant
22nd September : Annette Meet Pradeep Arolkar
22nd September : Annette Shounak Akshay Khandeparkar
22nd September : Nagesh Shirwant
23rd September : Annette Priti Roque Anthony D'costa
24th September : Rtn. Dr. Vilas Naik
27th September : Annette Prajakta Sudesh Kavalekar
28th September : Anne Bharti Gajanan Sawant
29th September : Anne Eeshwari Sagar Narvekar



Wedding Anniversary

- 1st September : Anne Dr. Smita & Rtn Dr. Rajiv Usgaocar